

Female Donors**Male Donors**

Female donors who are 18 years old and younger must weigh 110 lbs. or more, depending on their height. See chart below:



| If You Are | 4'10" | 4'11" | 5' | 5'1" | 5'2" | 5'3" | 5'4" | 5'5" | 5'6" or taller |
|-------------------------|-------|-------|-----|------|------|------|------|------|----------------|
| You must weigh at least | 146 | 142 | 138 | 133 | 129 | 124 | 120 | 115 | 110 |

Female Donors**Male Donors**

Male donors who are 18 years old and younger must weigh 110 lbs. or more, depending on their height. See chart below:



| If You Are | 4'10" | 4'11" | 5' or taller |
|-------------------------|-------|-------|--------------|
| You must weigh at least | 118 | 114 | 110 |