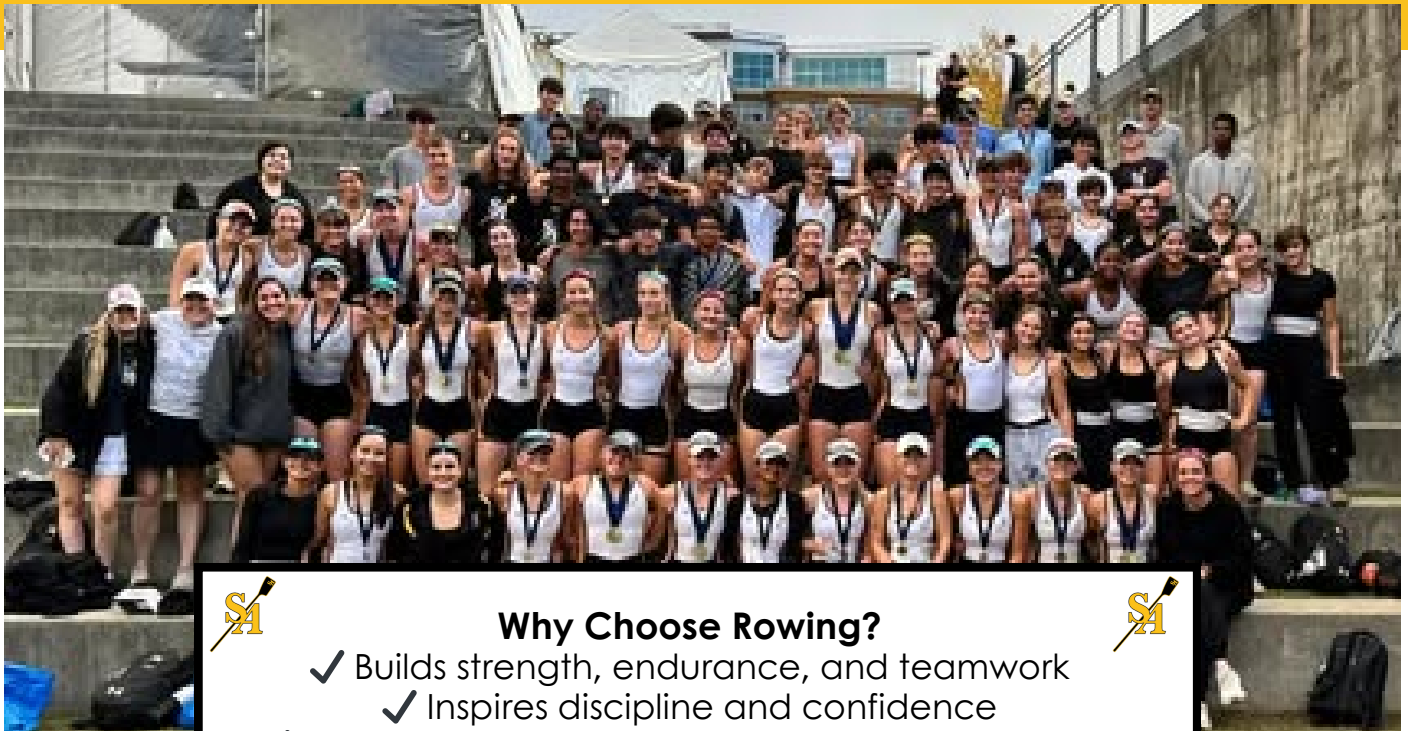


# Calling All Rising 6th - 12th Graders



## Why Choose Rowing?






- ✓ Builds strength, endurance, and teamwork
- ✓ Inspires discipline and confidence
- ✓ Prepares athletes for success in school and sports
- ✓ Row with the Southeast's most decorated rowing club

**St. Andrew Rowing Club in  
Roswell, GA, Invites YOU to Join  
Us on the Water This Summer!**



## Three camp levels. One incredible experience!

 <b>Learn-to-Row:</b>	 <b>Foundations:</b>	 <b>Conditioning:</b>
<ul style="list-style-type: none"><li>• Rowing basics for beginners.</li><li>• Learn about water safety and rowing fundamentals.</li><li>• No experience needed.</li></ul> <p><b>June 2nd - July 25th</b></p>	<ul style="list-style-type: none"><li>• The next step after Learn-to-Row.</li><li>• Learn about rowing disciplines including sweep rowing, sculling, and coxing.</li><li>• Perfect for anyone considering competitive rowing.</li></ul> <p><b>June 9th - July 24th</b></p>	<ul style="list-style-type: none"><li>• Competitive rowing for current rowers.</li><li>• Focus on advanced skills and techniques.</li><li>• Athletes will have an opportunity to race at the end of camp.</li></ul> <p><b>June 23rd - July 26th</b></p>

Questions? Email [info@standrewrowing.com](mailto:info@standrewrowing.com) or visit [www.standrewrowing.com](http://www.standrewrowing.com)

Calling All Rising 6th - 12th Graders

# MAKE A SPLASH THIS SPRING BREAK!

**JOIN US FOR A ONE-DAY ROWING CAMP**

**DATE: SATURDAY, APRIL 12, 2025**

**TIME: 10 AM - 3 PM**

**REGISTER: [STANDREWROWING.COM](http://STANDREWROWING.COM)**



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# PSST...IT'S FREE!