

Club Highlight- Suture & Silk







Founded earlier in 2025, Suture & Silk, a student-led fashion design initiative, aligns perfectly with its name, with sewing, design, and healthcare-inspired art. This project gives IA students a chance to explore their love for fashion while also turning healthcare concepts into beautiful runway-ready designs.

When I asked founder **Kaelyn Fu**[12] about what motivated her to start the project, she explained, “I really want to put effort into something I believed in while also challenging myself in a hobby I love. Turning that into a large-scale project has been really meaningful. Overall, there are so many aspects of healthcare. Making an impact doesn’t necessarily entail physically caring for patients. Impact can also be artistic. I hope that turning our designs into a fundraising fashion show not only helps fund a treatment but also inspires students to do more in-depth healthcare exploration!”

The idea for Suture and Silk first came about in February. “Developing this project has involved a lot of logistics and time, but it feels worth it to make something big happen.” Additionally, joining the Suture and Silk team is open to everyone, with no prior experience required. Meeting times are flexible, as availability changes from person to person. “Anyone can join, even if you’re a beginner. We’ll teach you everything you need to know, and you’ll do great as long as you’re dedicated!”

When it comes to designing, the inspiration doesn't just come from trends. "I look at current fashion, but also at healthcare jobs and equipment, like vitals or imaging machines. Then I try to implement those aspects into designs." Fu mentions one interesting project in particular, "My favorite right now is an anesthesia-inspired dress. Since anesthesia makes you unconscious, I wanted it to feel dreamlike, but also incorporate strict shapes, since anesthesia is for surgery. I'm adding details inspired by vital signs. Recently, I finished designing the corset pattern, and I was so excited about it."

The biggest milestone on the horizon is a fashion show. "I want to run the fashion show and donate our profits to a healthcare fundraiser! After that, I hope that the club can continue, even after some of us graduate. Personally, I'll probably keep pioneering similar fashion projects in college!" The show is set for sometime this fall. "I want it to be in October, but if not, maybe November or December. I just want it to be really cool and really big."

The club is currently looking for both new members and models! Join our GroupMe for more information: https://groupme.com/join_group/106874416/msldpUie

Follow their progress on Instagram at @suture.and.silk.