

# Social Skills Group

## High School

### WHAT

High school is a time where relationships are built and tested. This 5-week group for high school students will help students strengthen their relationships and build skills that will help them in future relationships. We will focus on topics like relational needs, effective communication skills, setting and maintaining boundaries, personal values in relationships, and signs of a healthy relationship.

### WHEN

**Starting February 26<sup>th</sup> every Thursday  
until March 2<sup>nd</sup> at 8:00am-8:50am**

### WHERE

**Counseling Suite at  
Innovation Academy**

To learn more about this \*FREE\* group and/or register contact

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