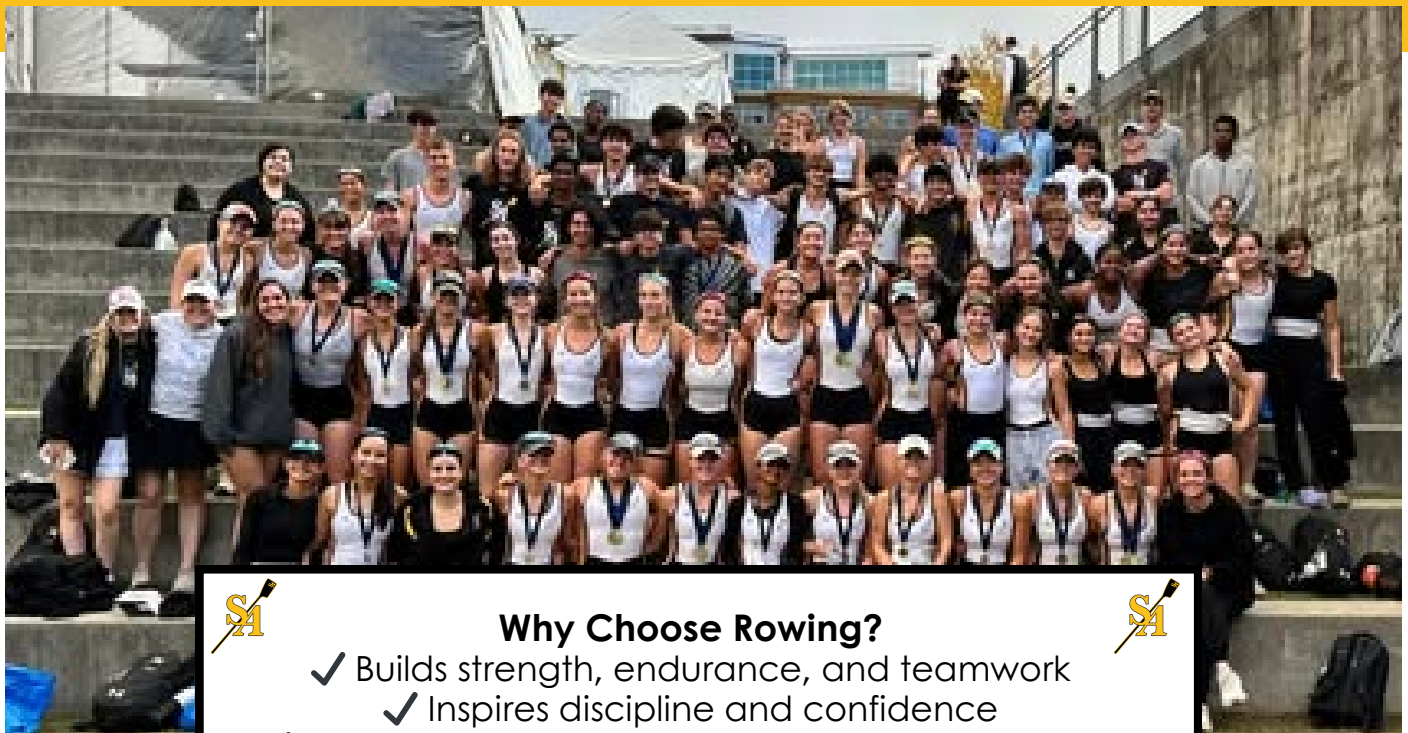




Calling All Rising 6th - 12th Graders





Why Choose Rowing?




- ✓ Builds strength, endurance, and teamwork
- ✓ Inspires discipline and confidence
- ✓ Prepares athletes for success in school and sports
- ✓ Row with the Southeast's most decorated rowing club



**St. Andrew Rowing Club in
Roswell, GA, Invites YOU to Join
Us on the Water This Summer!**



Three camp levels. One incredible experience!

 Learn-to-Row:	 Foundations:	 Conditioning:
<ul style="list-style-type: none"> • Rowing basics for beginners. • Learn about water safety and rowing fundamentals. • No experience needed. <p style="text-align: center;">June 1-July 24</p>	<ul style="list-style-type: none"> • The next step after Learn-to-Row. • Learn about rowing disciplines including sweep rowing, sculling, and coxing. • Perfect for anyone considering competitive rowing. <p style="text-align: center;">June 1-July 17</p>	<ul style="list-style-type: none"> • Competitive rowing for current rowers. • Focus on advanced skills and techniques. • Athletes will have an opportunity to race at the end of camp. <p style="text-align: center;">June 22-July 25</p>

Questions? Email info@standrewrowing.com or visit www.standrewrowing.com