

TWO-PART WORKSHOP SERIES

The AI Generation

Parenting with Confidence in a Digital Age

PART 1 – AUGUST 25, 2026

6:00 - 7:30 PM

PART 2 – NOVEMBER 10, 2026

6:00 - 7:30 PM



ABOUT THESE EVENTS

This two-part series equips families to understand how Artificial Intelligence (AI) is shaping teen development, mental health, and safety—often in ways adults don't fully see. The goal is education, not fear: helping parents stay informed, proactive, and connected while guiding healthy, values-driven technology use.

AI & Teen Mental Health

Online Safety

Screen Time Strategies

Values-Driven Tech Use

PART 1: FOUNDATIONS – WHAT PARENTS NEED TO KNOW NOW

Focus: Understanding AI, Teen Development & Safety

- What AI is—and isn't (history, inevitability, myths)
- Where teens encounter AI: gaming, social platforms, novelty tools, companionship, mental health uses
- Why AI is so enticing to adolescents (developmental perspective)
- Risks of adults being underinformed while youth are early adopters
- Online safety: how predators misuse technology and warning signs to watch for
- How to talk with teens about AI without escalating conflict

PART 2: APPLICATIONS – PLATFORMS, INFLUENCE AND ETHICS

Focus: Practical Guidance For Real-World Teen Tech Use

- Deep dive into platforms teens use (e.g., Roblox, Discord, Character AI)
- AI-driven design, influence, and addiction patterns
- Ethical AI use and digital citizenship
- Social media influence and algorithmic impact
- Concrete family strategies for healthy, balanced use

Location

Alpharetta High School
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Alpharetta, GA 30005
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470-254-7635

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